

INFORMATION SOURCE SHEET

By taking an **AARP Driver Safety** course you'll learn the current rules of the road defensive driving techniques and how to operate your vehicle more safely in today's increasingly challenging driving environment. You'll learn how you can manage and accommodate common age-related changes in vision hearing and reaction time. www.aarp.org/drive

AARP Foundation Tax-Aide is available free to taxpayers with low and moderate income with special attention to those 60 and older. Through a cadre of trained volunteers AARP Foundation Tax-Aide has helped low- to moderate-income individuals for more than 40 years in every state and the District of Columbia. www.aarp.org/taxaide

At the **Caregiving Resource Center** Find tools and tips on how to succeed as a caregiver. Whether you are taking parents to a doctor's appointment helping them pay bills or providing full-time care for them in your home you likely have questions about how to best fulfill your role as a caregiver. www.aarp.org/caregiving

The **Public Policy Institute** (PPI) is the focal point of public policy research analysis and development at AARP. PPI's staff works to design policies that have a significant impact on improving economic security, health care and quality of life. www.aarp.org/ppi

You've Earned a Say is a national conversation committed to providing you with information about the proposals on the table in Washington — without the political jargon and spin. After years of paying into Medicare and Social Security you deserve a voice in their future. www.earnedasay.org

The **Finances 50+** program covers taking care of debt doing a better job of budgeting and making some room for savings. These are the basic steps to help anyone achieve a better financial future regardless of their circumstances. While there are many financial programs in the marketplace few speak to the unique needs of older low-income workers and their families. Materials are translated into Chinese. www.aarp.org/finances50plus

Experience Corps Bay Area (ECBA) engages older adults (50+) as tutors and mentors in order to increase literacy skills of children in grades K-3. We have been effective in bolstering educational practice in Bay Area schools and our volunteers have been indispensable to our success. Through this intergenerational exchange children succeed older adults thrive and communities are made stronger. <http://www.experiencecorpsbayarea.org/>

The **Life Reimagined** methodology was developed by AARP and some of the world's leading experts in life coaching counseling and guidance. Life Reimagined is rooted in a simple methodology: six practices that guide people through change. <http://lifereimagined.aarp.org/>

AARP Work and Retirement channel provides articles and resources for retirement planning, social security, pensions and job searches for boomers. A recent AARP survey of boomer-age voters found that nearly three-fourths of working boomers believe they will probably be forced to delay retirement. Half of them doubt they'll ever be able to retire. www.aarp.org/work

Ready for Retirement tool is a five-step approach to envisioning and planning for a secure retirement, which includes creating a budget and preparing for the unexpected. A happy and fulfilling retirement means different things to different people. We want to help older Americans understand retirement as a life transition, visualize their goals, and take the steps needed to build retirement security.

www.aarp.org/readyforretirement

After you claim **Social Security Benefits**, you will receive a monthly check for the rest of your life. But how big that check is depends on how much you've paid into the system and when you start taking it. This guide will show you why most people should wait as long as possible to claim Social Security — and why a few people should claim earlier. www.aarp.org/socialsecuritybenefits

The AARP **Social Security Q&A Tool** is an easy-to-use tool that provides answers to your most frequently-asked questions about Social Security retirement benefits. Over the years, AARP experts have answered more than eleven thousand Social Security-related questions, and we've included the best and most relevant in this tool. www.aarp.org/ssqa

Use the **AARP Retirement Calculator** to plan your financial future so you can retire when — and how — you want. Retirement is a goal to be relished, not dreaded. Yet for many people, thinking about retirement can be overwhelming. www.aarp.org/retirementcalculator

The **Protect Your Finances** website helps older adults prevent investment fraud. Learn how to make informed decisions to protect your money. Being prepared can stop scams before they have a chance. Educate yourself on how to make sound financial decisions. Take the right steps to avoid the wrong ones.

www.aarp.org/protectyourfinances

Want to **Start A Business**? From writing a business plan to seeking start-up capital, creating your own business can be a daunting task. AARP is committed to help Americans over age 50 get the real-world, actionable information they need to start and grow small businesses. www.aarp.org/startabusiness

Work Reimagined is dedicated to helping experienced professionals connect to more satisfying careers. A project of AARP powered by LinkedIn, Work Reimagined connects you to the contacts, information, and inspiration you need to succeed in today's ever-changing workplace. www.workreimagined.org

The **AARP Health Law Guide** will help you find resources tailored to your needs, whether it's about Medicare, health insurance coverage for you or your family, or public programs that may work for you. You'll get a personalized report about how the law works with your existing coverage or what other health coverage you may be eligible to get. www.aarp.org/healthlaw

AARP's Decide. Create. Share. campaign is designed to help women in their 40s, 50s and 60s take steps today so they will be adequately prepared for a safe, healthy and secure tomorrow. This easy tool will help you assess how well-prepared you are in four key areas of your life — health, finances, legal issues, and home and community - and will show you what to focus on as you develop a plan for your long-term needs and desires. www.aarp.org/decide